

# WELLNESS WEDNESDAY

Get to know your resources in the  
MSC Cafeteria from 11:00am-1:00pm



November 2:  
Mental Health & Developmental  
Disabilities Center



November 9:  
Community Health Development, Inc



November 16:  
South Texas Rural Health



November 30:  
South Texas Rural Health



December 7:  
Mental Health Developmental  
Disabilities Center